



**POLYTECH**

Peter the Great  
St. Petersburg Polytechnic  
University



# STUDENT GUIDE



Dear Friend!

We are sincerely glad to welcome you at the Peter the Great St. Petersburg Polytechnic University.

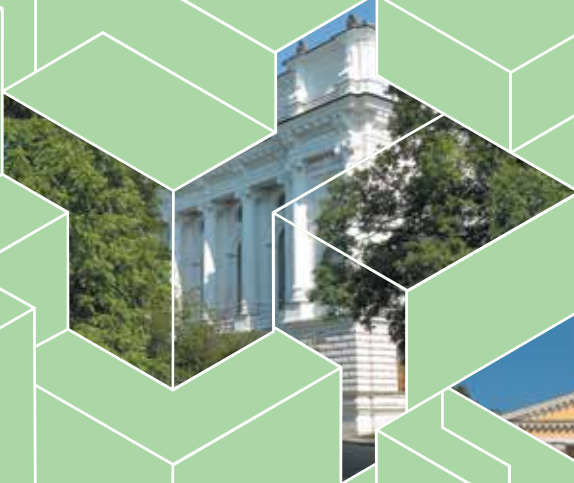
Our guideline advises you on a new social and educational environment. You will learn about daily life, infrastructures, traditions and safety regulations in St. Petersburg. Facts about day-to-day life in St. Petersburg are combined with necessary references to contact information - addresses, services, emergency telephone numbers etc. We aim at eliminating your risks and orienting you in St. Petersburg. Remember that while you follow the rules and traditions of the host country you protect yourself from unnecessary problems. We hope that you will find this guideline helpful in your discovery of St. Petersburg, as long as you feel prepared and safe to enjoy your travel.

We wish you a pleasant and memorable trip to St. Petersburg!

Sincerely yours,  
Peter the Great St. Petersburg Polytechnic University

# CONTENTS

1. USEFUL TELEPHONE NUMBERS .....	6
1.1 – EMERGENCY .....	6
1.2 – INFORMATION .....	6
1.3 – TRANSPORT .....	6
1.4 – CONSULATES IN ST. PETERSBURG .....	7
2. GENERAL INFORMATION ABOUT RUSSIA .....	8
3. CITY OF ST. PETERSBURG. GENERAL FACTS .....	10
4. USEFUL INFORMATION ON STAYING IN ST. PETERSBURG .....	12
4.1 – CURRENCY EXCHANGE .....	12
4.2 – INTERNATIONAL AND LONG-DISTANCE CALLS.....	12
4.3 – MOBILE PHONES .....	12
4.4 – POST OFFICES .....	12
4.5 – JURIDICAL HELP .....	12
4.6 – TRANSPORT .....	13
4.6.1. METRO .....	13
4.6.2. BUS, TRAMS AND TROLLEYS .....	13
4.6.3. TRAIN .....	14
5. LEISURE AND SIGHTS IN ST. PETERSBURG .....	16
5.1 – MAIN ATTRACTIONS .....	14
5.2 – THE MOST FAMOUS SUBURBS .....	18
5.3 – SHOPPING TIPS .....	20
5.4 – TOURIST SERVICES .....	21
5.5 – USEFUL LINKS .....	21
6. USEFUL INFORMATION ABOUT SPbPU .....	22
6.1 – SPbPU ADMINISTRATION: CONTACT INFORMATION FOR STUDENTS .....	22
6.2 – HOW TO GET INTERNATIONAL CAMPUS OF SPbPU, CAMPUS MAP ....	23
6.3 – VISA SUPPORT, REGISTRATION AND RESIDENCE REGULATIONS IN THE RUSSIAN FEDERATION FOR INTERNATIONAL STUDENTS .....	26
6.3.1. COMING TO THE RUSSIAN FEDERATION .....	26
6.3.2. STAYING ON THE TERRITORY OF THE RUSSIAN FEDERATION .....	26
7. PERSONAL SAFETY GUIDE .....	27
7.1 – WHAT YOU SHOULD KNOW TO AVOID CRISIS .....	27
7.2 – MEDICAL CARE .....	27
7.3 – HEALTH TIPS .....	27
8. MINI-DICTIONARY .....	28



# 1. USEFUL TELEPHONE NUMBERS

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<b>1.1. EMERGENCY</b>	
<b>Rescue service (dialing from cell phones only)</b>	<b>112</b>
<b>Fire (rescue service)</b>	<b>01</b>
<b>Police</b>	<b>02</b>
<b>Ambulance</b>	<b>03</b>
<b>Gas</b>	<b>04</b>
Regional rescue service, St. Petersburg and Leningrad region (24 hours)	380-31-19
Central Police Department (Accidents)	102 or 573-24-20
Traffic police (Duty officer)	234-90-21
<b>1.2. INFORMATION</b>	
Automatic time announcer	060
Telephone information service (24 hours, free)	008
City Information Service	064
Saint Peterburg information bureau for tourists	310-28-22
Call Center "Tourist Helpline"	300-33-33
City accommodation service for students	+7(981) 805-32-40 <a href="http://www.student.ru">www.student.ru</a>
<b>1.3. TRANSPORT</b>	
PULKOVO	337-38-22
International flights information	337-34-44
Air ticket booking	
Pulkovo, Aeroflot, Russia	339-50-60 8-800-444-55-55
Finnair, Lufthansa, British Airways	327-36-87
Air France, KLM, SAS, CSA, LOT, Delta Airlines	327-04-40
Russian Railways Call Center	8 (800) 775-00-00
Taxi	068, 600-00-00 366-66-66, UBER

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## 1.4 – CONSULATES IN ST. PETERSBURG

	AUSTRIA	43 Furshtadskaya str.	275-0502
	BULGARIA	27 Ryleyeva str.	273-4018
	CHINA	134 Griboedova emb.	714-7670
	CZECH	5 Tverskaya str.	271-0459
	CYPRUS	27 Furshtatskaya str.	456-2255
	DENMARK	42 Moika emb.	703-3900
	ESTONIA	14 Bolshaya Monetnaya str.	702-0920
	FINLAND	4 Preobrazhenskaya sq.	331-7600
	FRANCE	12 Neysky pr.	332-2270
	GERMANY	39 Furshtadskaya str.	320-2400
	GREECE	17 Chernyshevskogo pr.	329-6407
	HUNGARY	15 Marata str.	312-6458
	INDIA	24 Ryleeva str.	326-8580
	ITALY	10 Teatralnaya sq.	312-3217
	JAPAN	29 Reki Moyki emb.	314-1434
	KAZAKHSTAN	15 A Vilenskiy per.	335-2546
	LATVIA	11 10 linia, Vasilievskiy ostrov	336-3454
	LITHUANIA	37 Ryleeva str.	327-0230
	THE NETHERLANDS	11 Moika emb.	334-0200
	NORWAY	25 Nevsky pr.	612-4100
	POLAND	12, 5th Sovetskaya str.	336-3140
	SLOVAKIA	21 Orbeli str., bldg. 2	294-3666
	SPAIN	39 Furshtatskaya str.	320-2400
	SWEDEN	1/3 M.Konyshennaya str.	329-1430
	SWITZERLAND	17 Chernyshevskogo pr.	327-0817
	UNITED KINGDOM	5 Proletarskoi Diktatury sq.	314-1434
	USA	15 Furshtadskaya str.	331-2600

## 2. RUSSIA.

### GENERAL INFORMATION ABOUT RUSSIA

# RUSSIA since: **26.12.1991**

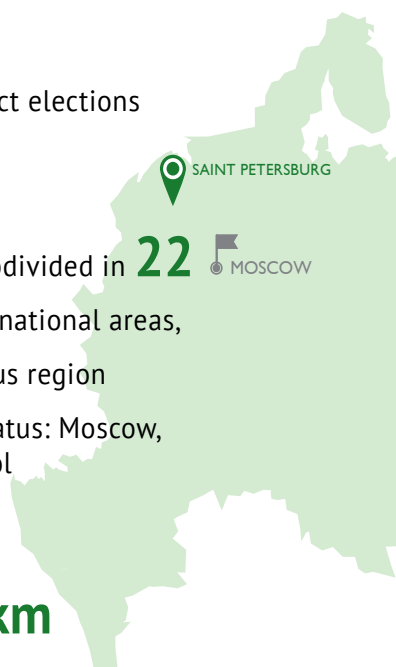


The Russian Federation (Russia), legal successor to the Union of Soviet Socialist Republics (USSR)

#### STATE STRUCTURE

Federative, each region has executive and legislative branches

Head of State is President, elected every **6** years by direct elections

#### GOVERNMENT DIVISIONS

RUSSIAN FEDERATION is subdivided in **22**  **22**  SAINT PETERSBURG  MOSCOW  
Republics, **9** territories, **4** national areas, **46** districts, **1** autonomous region and **3** cities with federal status: Moscow, St. Petersburg and Sevastopol

#### AREA

Total area

**17 100 000 sq km**

(6 607 000 sq mi)

Length – 10000 km from east to west and 5000 km from north to south. One fourth of the territory lies in Europe, the other part – in Asia.

Russia is the largest country in the world.

#### CAPITAL

Moscow, 12,3 million citizens.



## ANTHEM



Restored music of the Soviet anthem.  
Music – A.Alexandrov (1943), words –  
S.Mikhalkov (2000).

## POPULATION



**146,5** million people.

Ethnic groups - Russians (80%), Tatars,  
Ukrainians, Belorussians, Polish, Germans, Jews,  
Caucasians etc.

**(up to 100 different ethnicities and faiths)**

## OFFICIAL LANGUAGE

The official language is Russian.

## RELIGIONS

Russian Orthodox, Roman Catholic, Lutheran,  
Buddhist, Moslem and Jewish temples etc.

## CURRENCY



The monetary unit is a ruble (RUR).  
1 RUR = 100 kopecks.

## TIME IN RUSSIA



There are 11 time zones in Russia.  
You can look time up at  
[www.timezoneconverter.com](http://www.timezoneconverter.com)

### 3. CITY OF ST. PETERSBURG. GENERAL FACTS

# ST. PETERSBURG

## HISTORY AND MODERNITY



Date of foundation:

**27 (16) May, 1703**

FOUNDER – PETER THE GREAT (PETER I)

Name origin - named in honor of St. Peter (not Peter the Great)

## NAME CHANGES



## LOCAL GOVERNMENT

THE GOVERNOR  
AND ST. PETERSBURG GOVERNMENT

## ZONING

**20** ADMINISTRATIVE DISTRICTS, INCLUDING SATELLITE TOWNS UNDER ST. PETERSBURG'S JURISDICTION.



## POPULATION

more than **5** million



## TIME ZONE

GMT/UTC +3  
EST/CDT +8

AREA  
**1400** square  
kilometers

Location in the delta of the  
**Neva River**  
on **42** islands.

## CLIMATE



Climate is almost damp and rainy  
(because of the location at the seashore of the Baltic Sea)

## TIPS

- bring the umbrella and a windproof raincoat or jacket with you;
- think carefully about your footwear. Depending on the time of year, you will need warm boots with a non-slip sole, waterproof boots/shoes, comfortable sandals;
- the weather is rapidly changing in St. Petersburg. Please, be careful about it.

“White nights” – is the period from June till the beginning of July when the sky stays light all the 24 hours.

## CULTURE



MORE THAN **220**  
MUSEUMS



AND **100** THEATRES,  
NUMEROUS SIGHTS

<http://www.saint-petersburg.com>

## 4. USEFUL INFORMATION ON STAYING IN ST. PETERSBURG



### 4.1 – CURRENCY EXCHANGE

#### Tips:

- change money in the bank or exchange office, never in the street;
- take enough cash when you go out (cash the card or cheques in advance to avoid difficulties);
- the most “convenient” currency to bring to Russia is USD or Euro;
- Visa and MasterCard are accepted almost everywhere, AMEX and Diners Club owners might have problems cashing the cards.

#### 24-HOURS CURRENCY EXCHANGE:

- 130, Ligovsky pr., tel. 112-83-90
- 1/3, Bolshaya Moskovskaya, tel. 325-66-06, 325-66-07
- 54, letter A, Nevsky prospect, tel. 325-97-07
- 114/1 Grazhdansky pr., tel. 676-33-01



### 4.2 – INTERNATIONAL AND LONG-DISTANCE CALLS

The international phone code of Russia is +7. The code of St. Petersburg is 812

- To call within St. Petersburg: from a stationery phone to a stationery phone: XXX-XX-XX (without any codes and prefixes), from a stationery phone to a mobile phone: 8- (bzzz)-9XX-XXX-XX-XX.
- Long-distance Calls: dial 8, wait for the second dial tone, then region code and then immediately the number.
- International Calls: dial 8, wait for the second dial tone, dial 10 then the country code, city code and then immediately the number.



### 4.3 – MOBILE PHONES

Check if your local mobile phone company has a roaming agreement with Russia or St. Petersburg. Main St. Petersburg’s mobile service providers are:

**Megafon** [www.megafon.ru](http://www.megafon.ru)

**MTS** [www.spb.mts.ru](http://www.spb.mts.ru)

**Beeline** [www.beeline.ru](http://www.beeline.ru)

**Tele2** [www.tele2.ru](http://www.tele2.ru)

Sim card St. Petersburg’s mobile service providers you can get at the offices of companies-providers. To purchase a card, you must present your passport.



### 4.4 – POST OFFICES

There is a post office in each district of St. Petersburg.

Post Office nearest to HS IEP: 19 Grazhdansky pr.

Post Office nearest to SPbPU: 29 Polytechnicheskaya str.

**Post web-site** [www.spbpost.ru](http://www.spbpost.ru)



### 4.5 – TRANSLATION AND JURIDICAL HELP

SPbPU Translation bureau: translation of academic and business documents

Polytechnic str., 19, 6th academic building, office 9

Tel 297-00-02 E-mail: [trans\\_buro@spbstu.ru](mailto:trans_buro@spbstu.ru)

Juridical center “**Vosstaniya-6**”: translating agency, juridical consultations etc.

Address: 6 Vosstaniya street. [www.v6.spb.ru](http://www.v6.spb.ru)

## 4.6 – TRANSPORT

STUDENTS SPbPU CAN OBTAIN A SINGLE TICKET - CONTACTLESS SMART CARD IT IS USED FOR ACCESS TO THE ST. PETERSBURG METRO (100 TRIPS PER MONTH) AND IN URBAN PUBLIC LAND TRANSPORT (UNLIMITED TRAVEL). Price of the contactless smart card is approx 1000 rur per month. Application for contactless smart card is made by the Admission office for international students (28 Grazhdansky pr., Office 204).



### 4.6.1 METRO

St. Petersburg metro is the deepest subway in the world. St. Petersburg metro has **five lines**. **69 stations**. Train arrival period (in average) – 2-3 minutes. Transition from one line to another stops at 00.15.

#### METRO RULES

To enter the underground part of the metro station purchase a token or a metro card, that sold in the ticket offices in metro vestibules.

! **Token** and **metro card** are valid only in St. Petersburg.

##### **FORBIDDEN:**

- smoking
- eating and drinking
- carriage of bicycles (except in the folding cover)

##### **FREE OF CHARGE:**

- changing metro lines;
- using the metro services for children under 7;
- transporting pets and birds in cages as well as bicycles, prams, sledges etc.



### 4.6.2 BUS, TRAMS AND TROLLEYS

Types of buses in St. Petersburg:

- **Regular buses (trams, trolleys).**

Both tickets and monthly passes are valid. Tickets can be bought on board in cash, the monthly pass should be shown to the conductor.

- **K-buses, T-buses, Minivan Taxi (called «marshrutnoye taksi» - minibus).**

Only cash accepted, fare is paid to the driver. Stops – at the passengers request. The driver should be notified loudly in advance.

WHEN USING A BUS, A TROLLEY OR A TRAM, KEEP YOUR TICKET DURING THE WHOLE TRIP AS YOU MAY BE ASKED TO DECLARE IT BY A TICKET INSPECTOR.

# ST.PETERSBURG METRO SCHEME



## 4.6.3 TRAINS

You can find detailed information on departures and arrivals at [www.rzd.ru](http://www.rzd.ru)

### VITEBSKY STATION

52 Zagorodny pr.

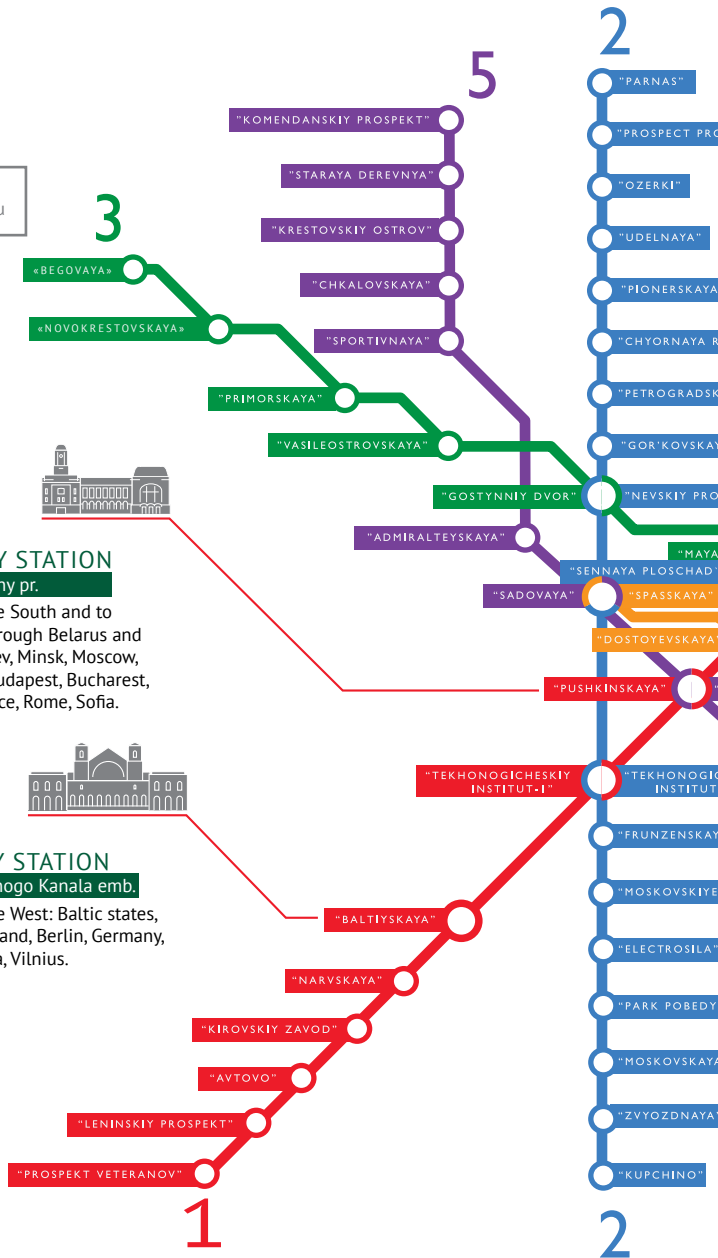
Trains to the South and to the West through Belarus and Ukraine: Kiev, Minsk, Moscow, Belgrade, Budapest, Bucharest, Vienna, Venice, Rome, Sofia.

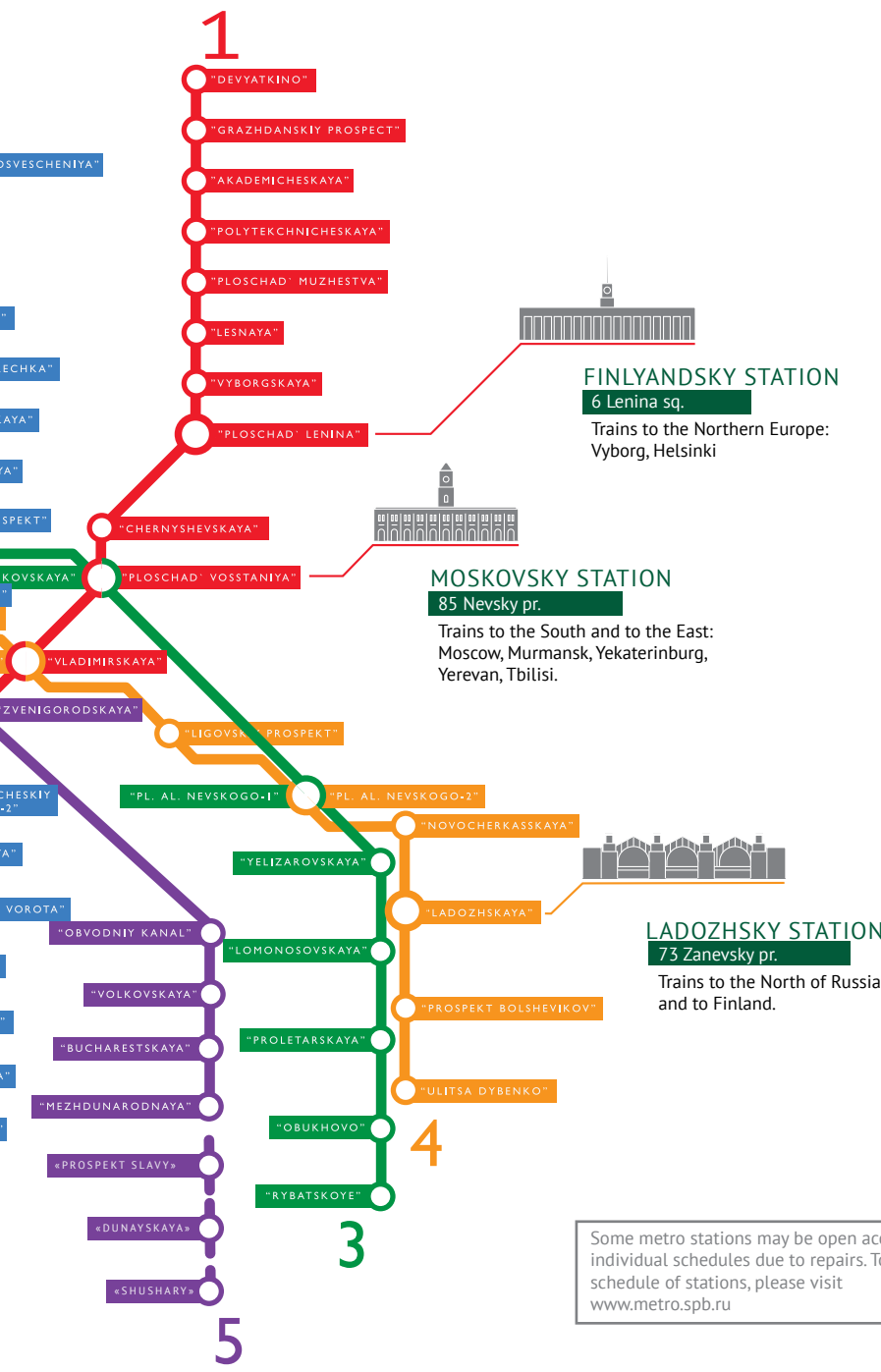


### BALTISKY STATION

120 Obvodnogo Kanala emb.

Trains to the West: Baltic states, Warsaw, Poland, Berlin, Germany, Tallinn, Riga, Vilnius.





**FINLYANDSKY STATION**  
 6 Lenina sq.  
 Trains to the Northern Europe:  
 Vyborg, Helsinki









**MOSKOVSKY STATION**  
 85 Nevsky pr.  
 Trains to the South and to the East:  
 Moscow, Murmansk, Yekaterinburg,  
 Yerevan, Tbilisi.

**LADOZHSKY STATION**  
 73 Zanevsky pr.  
 Trains to the North of Russia  
 and to Finland.

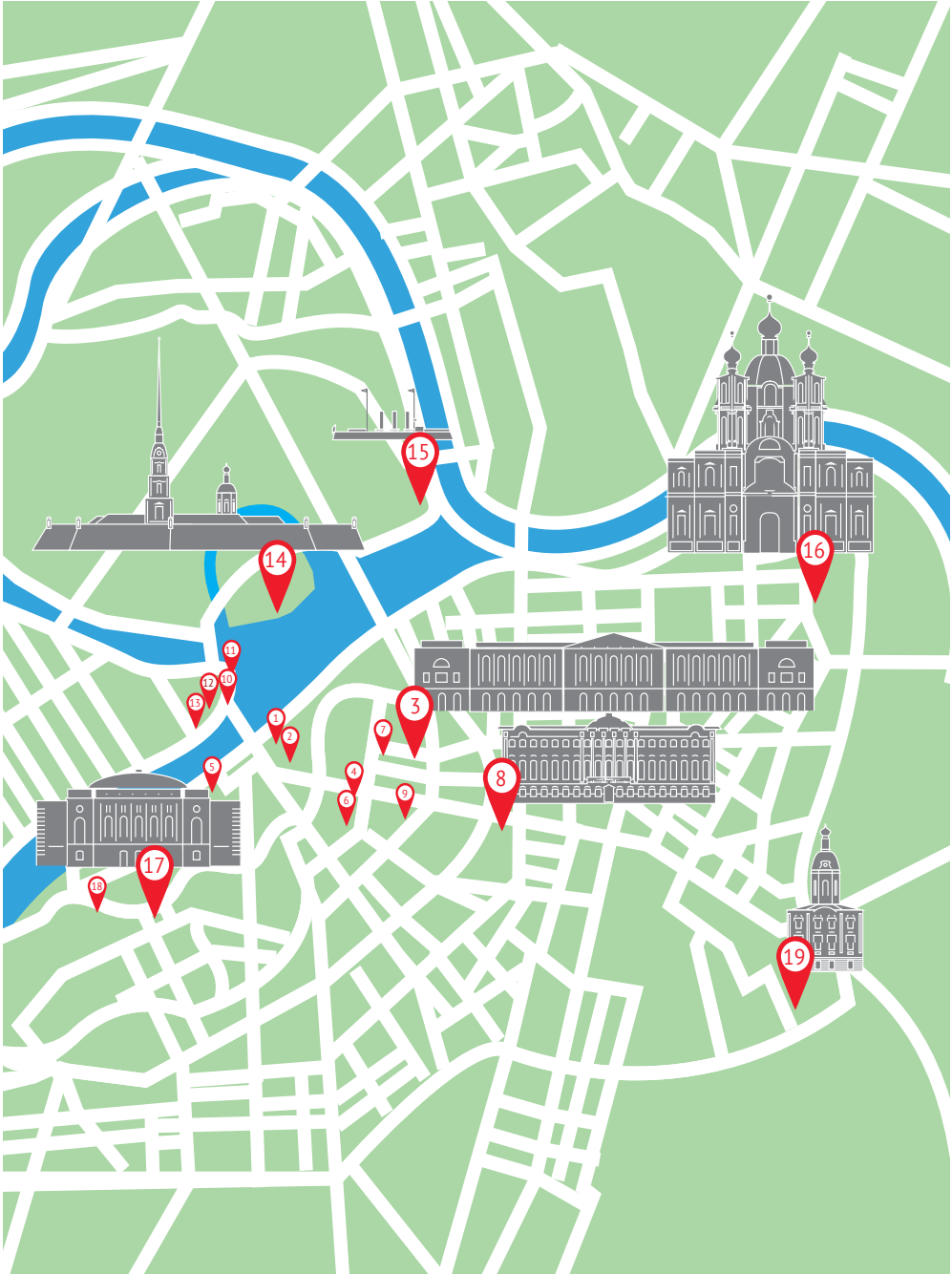
Some metro stations may be open according to individual schedules due to repairs. To see time schedule of stations, please visit [www.metro.spb.ru](http://www.metro.spb.ru)

# 5. LEISURE AND SIGHTS IN ST. PETERSBURG

## 5.1 – MAIN ATTRACTIONS

№	ATTRACTION	THE NEAREST METRO STATION
1	HERMITAGE	
2	PALACE SQUARE	
3	THE RUSSIAN MUSEUM	
4	ST.ISAAC'S CATHEDRAL	
5	THE BRONZE HORSEMAN	 NEVSKY PROSPECT
6	KAZAN CATHEDRAL	 GOSTINYI DVOR
7	THE CHURCH OF THE SAVIOR ON SPILLED BLOOD	
8	STROGANOV PALACE	
9	GOSTINYI DVOR	
10	OLD STOCK EXCHANGE	
11	ROSTRAL COLUMNS	
12	BURSE	 VASILEOSTROVSKAYA
13	KUNSTKAMERA	
14	PETER AND PAUL FORTRESS	 GOR'KOVSKAYA
15	CRUISER AURORA	
16	SMOLNY CATHEDRAL	 CHERNYSHEVSKAYA
17	MARIINSKY THEATRE	 SENNAYA PLOSHCHAD'
18	YUSUPOV PALACE	 SADOVAYA
19	SAINT ALEXANDER NEVSKY LAVRA	 PLOSHCHAD' ALEKSANDRA NEVSKOGO





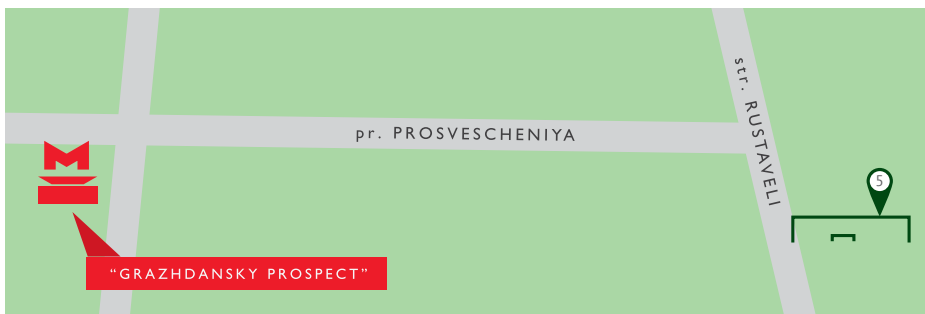
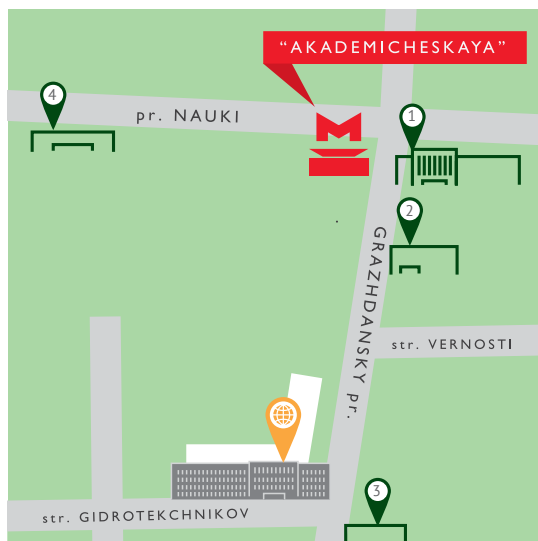
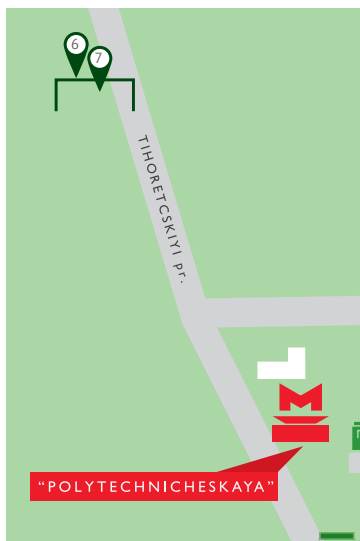
## 5.2 – THE MOST FAMOUS SUBURBS

Suburb name	Metro station	How to get	Distance
PETERHOF	“Avtovo”	minibus №424, 224, 300, Stop “New Peterhof (fountains)”	41 km
	“Leninskiy prospect”	minibus №103, Stop “New Peterhof (fountains)”	
	“Nevskiy Prospect”	high-speed ship Meteor landing on Dvortsovaya Embankment, opposite the Hermitage	
PUSHKIN (TSARSKOYE SELO)	“Moskovskaya”	minibus №287, 299, 342, 347a, 545, 545a	34 km
	“Kupchino”	minibus №286, 363	
	“Pushkinskaya”	from Vitebskiy railway station (or from metro “Kupchino”) by electric train to the station “Detskoe Selo”, and then by bus №371, 382 to get to the stop “Catherine Park”	
PAVLOVSK PALACE	“Moskovskaya”	minibus №287, 299, 342, 347a, 545, 545a	38 km
	“Kupchino”	minibus №286, 363	
	“Pushkinskaya”	from Vitebskiy railway station (or from metro “Kupchino”) – by electric train to the station “Pavlovsk”	
KRONSHADT	“Chernaya Rechka”	minibus №405	43 km
	“Prospect Prosveshcheniya”	minibus №407	
	“Staraya Derevnja”	minibus №510	
GATCHINA	“Baltiyskaya”	from Baltiyskiy Railway Station – by electric train to the station “Gatchina – Baltiyskaya” or “Gatchina – Varshavskaya”	53 km
	“Moskovskaya”	minibus №18a, 100a	
	“Prospect Veteranov”	minibus №631	
VYBORG	“Ploshad Lenina”	from Finlyandskiy railway station by train (2,5 hours) or by express (1,5 hours)	132 km
	“Grazhdanskiy prospect”	bus №830	



### 5.3 – SHOPPING TIPS POPULAR SUPERMARKETS NEAREST TO SPbPU:

Nº	Supermarket	Address	Metro station
1	Perekriostok	41 Grazhdansky pr.	Academicheskaya
2	Idea	39 Grazhdansky pr.	
3	Sem'ya	23 Grazhdansky pr.	
4	OK	17 pr. Nauki	Grazhdansky prospect
5	Lenta	61 Rustaveli str.	
6	Diksi	12/1 Tikhoretsky pr.	Polytechnicheskaya
7	Kvartal		



## 5.4 – TOURIST SERVICES



St. Petersburg City Tourist  
Information Center  
41 Nevski pr., tel: 312-25-41



Central bookstore  
“Dom Knigi”  
28 Nevsky pr., tel: 448-23-55

## 5.5 – USEFUL LINKS

Information about Russia	<a href="http://www.russia.com">www.russia.com</a>
Information about St. Petersburg: sights, addresses, phones, events etc.	<a href="http://www.saint-petersburg.com">www.saint-petersburg.com</a> <a href="http://www.yell.ru">www.yell.ru</a> <a href="http://www.allspb.ru">www.allspb.ru</a> <a href="http://www.sptimes.ru">www.sptimes.ru</a> <a href="http://www.travel.spb.ru">www.travel.spb.ru</a>
Theatres	<a href="http://www.bileter.ru">www.bileter.ru</a> <a href="http://www.kassir.ru">www.kassir.ru</a> <a href="http://www.mariinsky.ru">www.mariinsky.ru</a> <a href="http://www.teatr.gorodovoy.spb.ru/">http://www.teatr.gorodovoy.spb.ru/</a>
Cinema	<a href="http://www.kinoafisha.spb.ru/">www.kinoafisha.spb.ru/</a>
Night Clubs	<a href="http://spb-clubs.ru/">http://spb-clubs.ru/</a> <a href="http://nightclub-spb.ru/">http://nightclub-spb.ru/</a> <a href="http://www.clubs.gorodovoy.spb.ru/">http://www.clubs.gorodovoy.spb.ru/</a> <a href="http://spb.nightparty.ru/">http://spb.nightparty.ru/</a>
Restaurants, cafes	<a href="http://www.restoran.ru/spb/">www.restoran.ru/spb/</a> <a href="http://spb.menu.ru">spb.menu.ru</a> <a href="http://www.restoclub.ru">www.restoclub.ru</a> <a href="http://spb.allcafe.ru">spb.allcafe.ru</a>
Active rest and Entertainment	<a href="http://www.activesport.info/">http://www.activesport.info/</a>
Wi-Fi: access point	<a href="http://wifi4free.ru/spb/">wifi4free.ru/spb/</a> <a href="http://wifi.mail.ru/">http://wifi.mail.ru/</a>
Official SPbPU page on Facebook	Official group “Peter the Great St. Petersburg Polytechnic University”

## 6. USEFUL INFORMATION ABOUT SPbPU

### 6.1 – INTERNATIONAL CAMPUS ADMINISTRATION: CONTACT INFORMATION

DEPARTMENT/OFFICE	OFFICE NUMBER	PHONE
Vice-Rector for International Relations	213	534-10-01
Head of International Education Office	210	606-62-22
Director of Higher School of International Educational Programs	221	322-00-33
Admission Office	202	606-62-31
	203, 204	606-62-33
	228	606-62-41
Academic Mobility Office	225	324-06-40
International Polytechnic Summer & Winter Schools, Short-term Programs	227	534-25-31
Expert Center for Credential Evaluation	515	290-99-67
University Foundation Academic Office	217	606-62-32
Visa and Registration	112, 113	534-32-22
Dormitory for International students # 15	102 (dormitory 15)	534-03-58
Dormitory for International students # 13	102 (dormitory 13)	534-46-65
Head of Safety Departments	100 (New education building)	606-62-26
First-aid post	109 (dormitory 15)	534-13-36 (add.2115)

## 6.2 – HOW TO GET INTERNATIONAL CAMPUS OF SPbPU

### FROM AIRPORT:

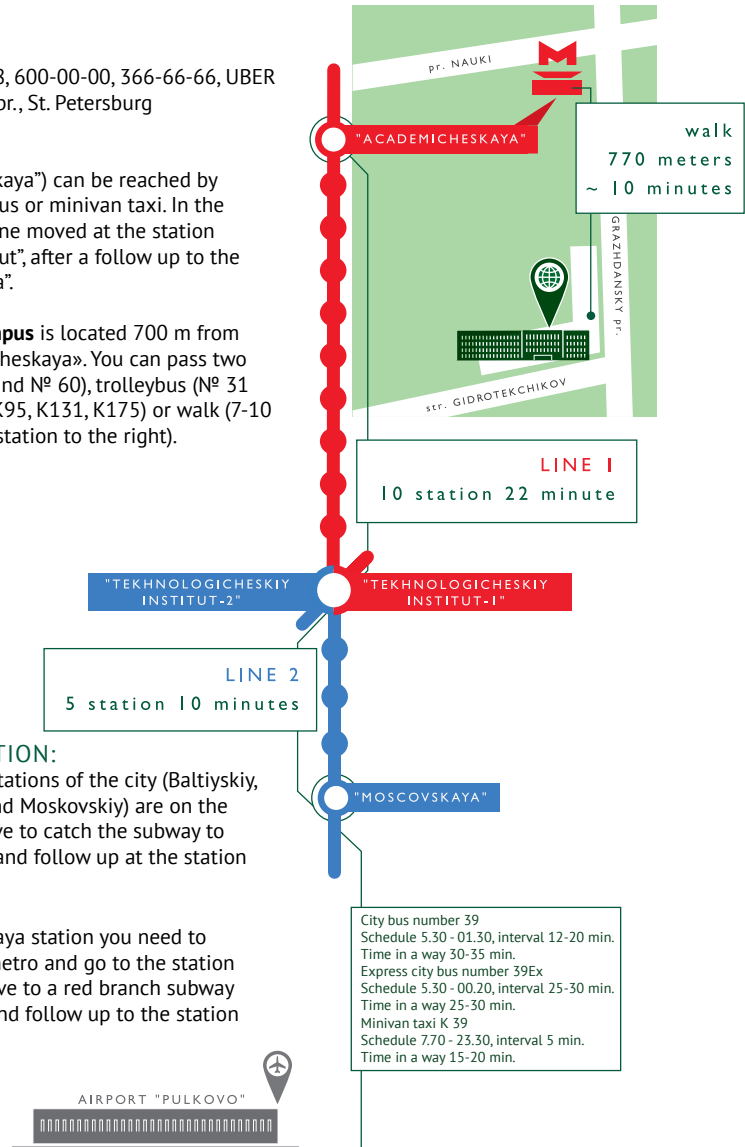
#### 1. By taxi

Taxi phone number – 068, 600-00-00, 366-66-66, UBER  
 Adress: 28, Grazhdansky pr., St. Petersburg

#### 2. By public transport

Metro Station ("Moscovskaya") can be reached by public bus, express city bus or minivan taxi. In the subway you need to do one moved at the station "Tekhnologicheskii institut", after a follow up to the station "Academicheskaya".

**SPbPU International Campus** is located 700 m from metro station «Akademicheskaya». You can pass two stops on the bus (№ 40 and № 60), trolleybus (№ 31 and № 6), minivan taxi (K95, K131, K175) or walk (7-10 minutes from the metro station to the right).

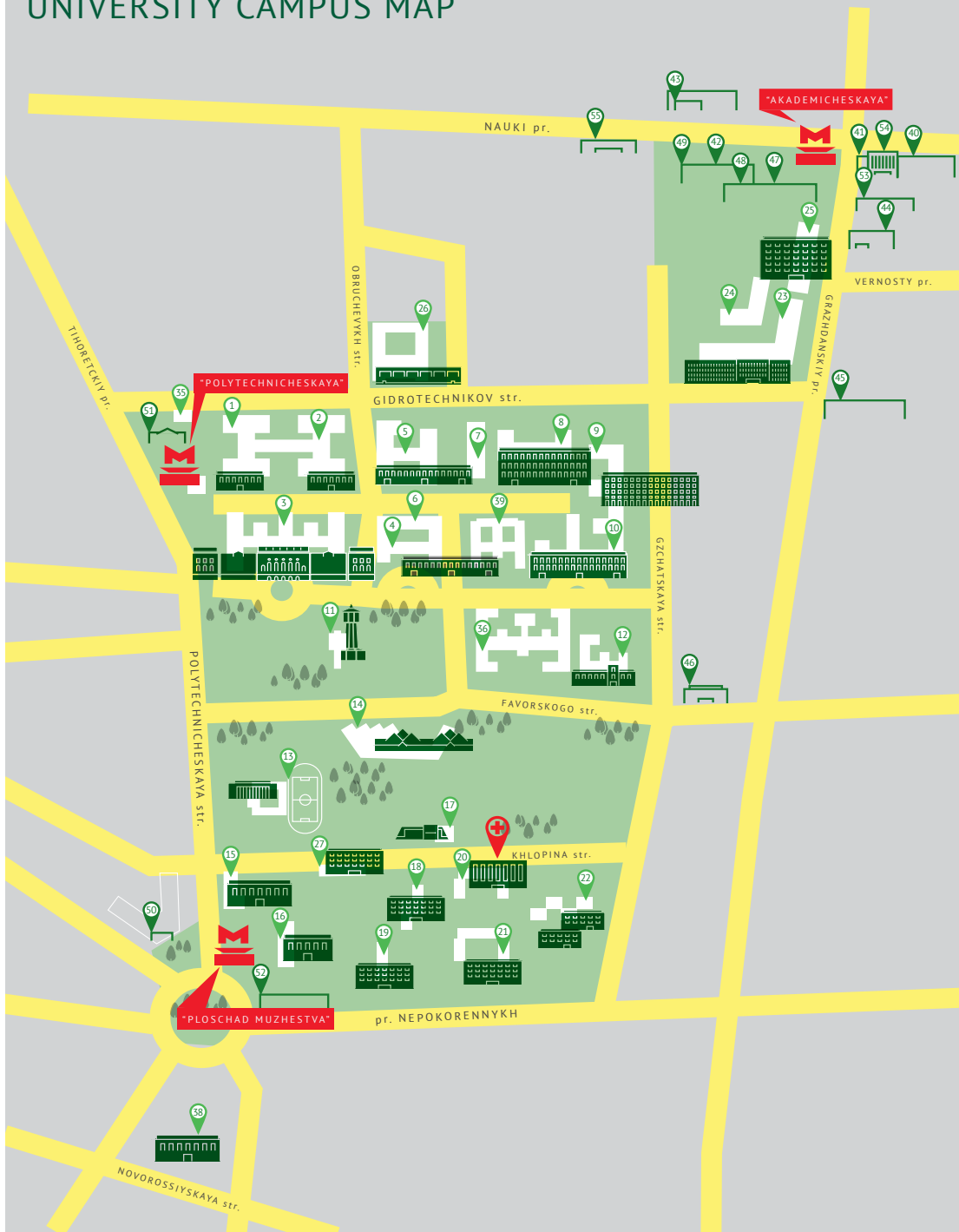


### FROM RAILWAY STATION:

Four of the five railway stations of the city (Baltiyskiy, Vitebskiy, Finlyandskiy and Moskovskiy) are on the Red Line subway. You have to catch the subway to the station "Devyatkino" and follow up at the station "Academicheskaya".

If you come by Ladozhskaya station you need to get on the Orange line metro and go to the station "Dostoevskaya". Then move to a red branch subway station "Vladimirskaya" and follow up to the station "Akademicheskaya".

# UNIVERSITY CAMPUS MAP





## On-Campus:

- 1 / 1st University Building.  
Institute of Metallurgy, Mechanical Engineering and Transport
- 2 / 2nd University Building.  
Institute of Physics, Nanotechnology and Telecommunications  
Institute of Applied Mathematics and Mechanics
- 3 / Main University Building.  
Institute of Power Engineering and Transportation  
Fundamental Librass  
White Concert Hall
- 4 / Chemistry Building.
- 5 / Mechanics Building
- 6 / 4th University Building
- 7 / Laboratories Building
- 8 / 3rd University Building.  
Institute of Industrial Management, Economics and Trade
- 9 / Annex to Hydro Building.  
Institute of Civil Engineering
- 10 / Hydro Building.  
Institute of Military Engineering and Safety Research  
Institute of Civil Engineering
- 11 / Hydro Tower Building, FabLab
- 12 / House of Scientists in Lesnoye
- 13 / Sporting Complex
- 14 / Research and Education Center of the RAS
- 15 / 9th University Building.  
Institute of Computer Science and Technology
- 16 / Institute of Humanities
- 17 / Laser Technologies Center
- 18 / Student's Hostel №8 (Khlopina str., 9/2)
- 19 / Student's Hostel №10 (pr. Nepokorenykh, 6/2)
- 20 / University Medical Complex
- 21 / Student's Hostel №14 (pr. Nepokorenykh, 8/2)
- 22 / Student's Hostel №12 (Khlopina str., 13/1)
- 23 / Institute of International Educational Programs.  
International Education Office.  
Student's Hostel 15 (Grazhdanskiy pr., 28)  
Admission Office for international students
- 24 / New Study Building.  
Supply Center for International Activity  
International Graduate School of Management
- 25 / Student's Hostel №13 (Grazhdanskiy pr., 30)
- 26 / 11th University Building
- 27 / 10th University building 28 / Student's Hostel №1 (Lesnoy pr., 65/1)
- 29 / Student's Hostel №7 (Lesnoy pr., 67/2)
- 30 / Student's Hostel №3 (Lesnoy pr., 65/3)
- 31 / Student's Hostel №4, 4A (Pargolovskaya str., 11/1)
- 32 / Student's Hostel №5, 5B (Pargolovskaya str., 11/2)
- 33 / Student's Hostel №6M, 6Φ (Kharchenko str., 16)
- 34 / Student's Hostel №11 (Kantemirovskaya str., 24)
- 35 / Admission office for Russian students
- 36 / 2nd Professorial Building
- 37 / University Polytechnic College  
«Radiopolytechnikum» (Engelsa pr., 23)
- 38 / Novorossiyskaya, 50
- 39 / R&D Building

## Off-campus:

- 40 / City Mall "Akadem park" (Grazhdanskiy pr., 41)
- 41 / Cinema "Formula kino" (Grazhdanskiy pr., 41)
- 42 / Drugstore "Fialka" (pr. Nauki, 19, k2)
- 43 / Drugstore "Ozerki" (Grazhdanskiy pr., 66, k2)
- 44 / 24-hour shop "Idea" (Grazhdanskiy pr., 39)
- 45 / Sberbank, Post office (Grazhdanskiy pr., 19, k2)
- 46 / Household goods store "Maksidom"
- 47 / Baltbank (Grazhdanskiy pr., 36)
- 48 / Bank Saint-Petersburg (Grazhdanskiy pr., 36)
- 49 / Medical insurance RESO (pr. Nauki, 19)
- 50 / Supermarket "MAGNIT" (pr. Toreza, 9)
- 51 / First aid (Polytekhnicheskaya str., 31)
- 52 / Drugstore "LekOptTorg" (pr. Nepokorenykh, 2)
- 53 / Store "Domovoy" (Grazhdanskiy pr., 41a)
- 54 / Supermarket "Perekrestok" (Grazhdanskiy pr., 41)
- 55 / Hypermarket OKEY (pr. Nauki, 17)

## 6.3 – VISA SUPPORT, REGISTRATION AND RESIDENCE REGULATIONS IN THE RUSSIAN FEDERATION FOR INTERNATIONAL STUDENTS

### 6.3.1 COMING TO THE RUSSIAN FEDERATION

**All international students must extend their student visas / registration no later than 45 days prior to the date of its expiration.**

Upon crossing the borders of the Russian Federation at the Customs Control Zone, it is necessary to receive and fill in the migration card. Please make sure that your migration card has the stamp of arrival to the Russian Federation and the purpose of your arrival is indicated as **STUDY (УЧЕБА)**.

**Please remember that you must keep the migration card until your next crossing the border.**

A foreign student is obliged to register according to the place of his/her residence **within 3 days**. Foreign students who have entered Russia on a student visa are initially put on migration registration for the duration of the visa.

All questions on foreign students support you can ask in the University Visa Department at the address: the 15th educational building, #28 Grazhdansky Ave., 1st floor, rooms 12/113; tel.: +7 (812) 534-32-22; email: pvo@spbstu.ru.

**Additional information and the list of necessary documents you can find on the SPbPU web-site in the section “Visa Support”.**

### 6.3.2. STAYING ON THE TERRITORY OF THE RUSSIAN FEDERATION

**While staying on the territory of the Russian Federation a foreign student is obliged:**

- to watch his documents and comply with all the rules of foreign national staying on Russia;
- in case of damage or loss of a passport, migration card or notification form a foreign student must notify the University Visa Department within 3 days;
- if a student has left the Russian Federation on vacation or visited another city in Russia, he has to inform the University Visa Department and issue a new migration registration within 3 days.



## 7. PERSONAL SAFETY GUIDE

### 7.1 – WHAT YOU SHOULD KNOW TO AVOID CRISIS

**Your health and safety depend on your everyday decisions. You should:**

1. Consider your health and other personal circumstances when applying for a place in a program.
2. Provide the host University with all the personal data that is necessary for planning a safe and healthy study in Russia.
3. Obtain and maintain appropriate insurance coverage.
4. Keep your parents informed about your decisions and health problems.
5. Understand and comply with the terms of participation, codes of conduct, and emergency procedures of the program, and obey host-country laws.
6. Be aware of local conditions and customs that may present health or safety risks when making daily choices and decisions. Promptly express any health or safety concerns to the program staff or other appropriate individuals.
7. Accept responsibility for your own decisions and actions.
8. Become familiar with the procedures for obtaining emergency health and law enforcement services in Russia.
9. Follow the program policies for keeping program staff informed of your whereabouts and well-being.

### 7.2 – MEDICAL CARE

Medical services are provided in the presence of insurance policy. All international students on arrival in SPbPU **should issue the contract of medical insurance**. Medical policy issued by the university allows you to:

- pass necessary medical examination in polyclinic №76 (11 Hlopina str.);
- receive **expert consultation** on a profile of your disease in polyclinic No. 76 (11 Hlopina str.) or to receive medical treatment in this polyclinic;
- call if necessary **an ambulance**.

**TO CALL AN AMBULANCE PLEASE CONTACT DISPATCHING SERVICE:  
346-84-84, 600-03-23, 942-96-58**

### 7.3 – HEALTH TIPS

- Don't drink tap water unless it is filtered or boiled;
- Avoid buying food in the street;
- Purchase alcohol in special shops only;
- Wash fruit and vegetables carefully;
- Take care of your teeth and skin – they may suffer from the climate changes;
- Arrange medical insurance beforehand. You may get more information about health insurance (insurance costs, insurance companies city) foreign nationals polyclinic №76 (11 Hlopina str.). There you can get insurance on favorable terms.

## 8. MINI-DICTIONARY

ENGLISH	TRANSCRIPTION	RUSSIAN
<b>GENERAL PHRASES</b>		
Hello	Zdrastvuy(te), privet (informal)	Здравствуй(те), привет
Good afternoon	Dobriy den	Добрый день
Good night	Spokoynoy nochi	Спокойной ночи
Good bye	Do svidaniya	До свидания
See you later	Uvidimsya pozzhe	Увидимся позже
How are you?	Kak dela?	Как дела?
Fine, thanks	Horoshu, spasibo	Хорошо, спасибо
Please	Pozhaluista	Пожалуйста
Excuse me/I am sorry	Izvini(te)	Извини(те)
(don't) understand	Ya (ne) ponyal (a)	Я (не) понял(а)
I am lost	Ya zabludilsya(las)	Я заблудился(лась)
Please help me	Pozhaluista pomogite mne	Пожалуйста помогите мне
Where is ...?	Gde nakhoditsya?	Где находится...?
How much does this cost?	Skolko eto stoit?	Сколько это стоит?
How can I get to...?	Kak mne proyti k ...?	Как мне пройти к ...?
Stop here please	Proshu, ostanovites zdes	Прошу, остановитесь здесь
<b>NUMBERS</b>		
One	Odin	Один
Two	Dva	Два
Three	Tri	Три
Four	Chetyre	Четыре
Five	Pyat	Пять
Six	Shest	Шесть
Seven	Sem	Семь
Eight	Vosem	Восемь
Nine	Devyat	Девять
Ten	Desyat	Десять
Hundred	Sto	Сто
Thousand	Tisyacha	Тысяча

## WEEKDAYS

Monday	Ponedelnik	Понедельник
Tuesday	Vtornik	Вторник
Wednesday	Sreda	Среда
Thursday	Chetverg	Четверг
Friday	Pyatnitsa	Пятница
Saturday	Subota	Суббота
Sunday	Voskresen'e	Воскресенье
Day	Den	День
Weekend	Vykhodnie	Выходные
Month	Mesyats	Месяц
Year	God	Год

## BASIC VOCABULARY

Arrive	Pribyvat	Прибывать
Luggage	Bagazh	Багаж
Car	Avtomobil	Автомобиль
Autobus	Avtobus	Автобус
Ticket	Bilet	Билет
Money	Dengi	Деньги
Station	Ostanovka	Остановка
Church	Tserkov	Церковь
Cinema	Kinoteatr	Кинотеатр
University	Universitet	Университет
Hostel	Obshezhiye	Общежитие
Furniture	Mebel	Мебель
Bed	Krovat	Кровать
Shower	Dush	Душ
Soap	Mylo	Мыло
Shop	Magazin	Магазин
Clothes	Odezhda	Одежда
Shoes	Obuv	Обувь
Food	Eda	Еда
Water	Voda	Вода
Tea	Chay	Чай
Milk	Moloko	Молоко
Sugar	Sakhar	Сахар
Bread	Khleb	Хлеб
Meat	Myaso	Мясо
Potatoes	Kartofel	Картофель







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